

SUMMER GROUP WELLNESS SCHEDULE

SCHEDULE

Monday | Wednesday | Friday

8:30 am Sound Bath, 30 minutes
10 am Scenic Hike, 2 hours
4 pm Wellness Wind Down, 45 minutes

Tuesday | Thursday | Saturday | Sunday

8:30 am Guided Yoga, 1 hour
10 am Scenic Hike, 2 hours
4 pm Wellness Wind Down, 45 minutes

PRICING

\$75 per person. Open to all resort guests.

For private bookings, please visit the ["Wellness Services"](#) page on our website.

All wellness experiences require advanced booking. Scheduling is subject to change.