Make this your SUMMER OF FUN!

Dreamy getaways, beachy beauty, sexy swimsuits and more...

Flat abs fast
The easiest 3 steps to working a two-piece

Take our quiz
How well do you know your skin?

Victoria's Secret's Alessandra Ambrosio
Shares her fitness secrets

25 ways to eat healthy
A delicious bite-by-bite guide

+ 65 best foods for your body
They won our taste test!
It's a thing

western

Rustic chic is back.
We love a revival, but it got us thinking—why does rodeo style resurface every few years? What’s the zeitgeist’s fascination with the Wild West? Sure, the boots are cute, and fringe makes us want to hit up Bonnaroo, but maybe it’s the stake-your-claim philosophy that the trend embodies that we really crave. There’s this cultural desire, humming beneath our structured lives, to break out of the box, to pioneer new territory. So whatever your Wild West is—training for a 10K, penning a novel, asking for a raise—let these pieces remind you to take the reins and go for it.

SPUR OF THE MOMENT
Chanel’s runway look was inspired by silent Westerns of the early 20th century. You can, too: Do a piece skirt with cowboy-like this session.

DALLAS BRONZERS CLUB
Get a glow like you’ve spent the weekend at the ranch without damaging your beautiful skin. $26, BenefitCosmetics.com

Y’ALL READY FOR THAT
The debut single, “Waving All These Flags,” went platinum, and Nile Rodgers
Pope on tour with Tim McGraw.

GET THE LOOK
Clip a twirl to the trend with a gold-chock necklace. $209, AlexisRobic.com

COOL RANCH
Bright and rustic home decor is cropping up everywhere. We’re especially drawn to this gorgeous Cordobes pillow. $1,095, RalphLauren.com

IN THE LOOP
Bless with chunky hardware are the new statement necklaces. Wrap with a tass and (em.) $105, LeifEnrich.com

SILK LARIAT
Kick back and put your feet up in this whimsical-leather stiletto. $895, JonathanAdler.com

MADE FOR WALKING
They have a sole-cushioning padded wedge, so they’re comfortable even if they’re not that. Shoe, $265, 660-427-7085

HORSES AROUND
The luxury horse resort (PawsUp.com) in Greenough, Montana, has a premier aquatic center—ouph your arms while dining cattle.

CHECK OUT THIS
Gas station jerky goes high-class with artisanal brands like American BBQ and Southern Ginger. And it’s still high-protein, low-carb, $9 each. KingsCounty Jerky.com