



THE OPRAH  
MAGAZINE

HOW TO  
**LOVE YOUR  
Summer  
MORE!**

**40 FRESH WAYS TO  
UNPLUG, DE-STRESS  
& MAKE TIME FOR YOU**

**THE ONE QUALITY  
ALL SUCCESSFUL  
PEOPLE SHARE**

*Hint: It's not brains or talent...*

**39 MAGIC  
Swimsuits**

WATCH THE POUNDS DISAPPEAR!

**What's More  
Important Than  
the Truth?**

ELIZABETH GILBERT TELLS ALL

**Women Who  
Make Their Issues  
Your Problem**

HONEY, WE'VE GOT A PLAN!

**WE'LL HAVE WHAT  
SHE'S HAVING**

*A lesson in happiness  
from Dolly Parton*



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# O'S

## SUMMER STYLE HANDBOOK



**SWIMSUIT, OYE**  
Swimwear, \$350;  
[bergdorfgoodman.com](http://bergdorfgoodman.com).  
**HAT, \$485;**  
[eugeniakim.com](http://eugeniakim.com).

O creative director [Adam Glassman](#) and crew have plunged in to find the season's top trends, the most flattering swimsuits, and all the stylish extras.



# From Catwalk to Boardwalk

These of-the-moment suits pay homage to this season's runway trends.

**RUCHING**  
SWIMSUIT,  
\$129;  
[landsend.com](http://landsend.com)



**RAINBOW STRIPES**  
SWIMSUIT,  
\$103;  
[longitude.com](http://longitude.com)



**CHECKS**  
SWIMSUIT,  
Jag, \$114;  
[dillard.com](http://dillard.com)



**TIERED RUFFLES**  
SWIMSUIT,  
top, \$70, and  
bottom, \$40;  
[avenue.com](http://avenue.com)



**MESH DETAILS**  
SWIMSUIT,  
Ninety Six  
Degrees, \$86;  
[jcpenny.com](http://jcpenny.com)



**SUNGLASSES**, Michael  
Kors, \$169; [sunglasshut.com](http://sunglasshut.com)



**T-SHIRT**,  
\$48;  
[larelaxed.com](http://larelaxed.com)



**HAT**, Ále by  
Alessandra, \$110;  
[solescapes.com](http://solescapes.com)



**TOTE**, Michael Michael  
Kors, \$478; *select*  
Michael Kors stores



**SWIMSUIT**,  
\$60; [gap.com](http://gap.com)



**WATCH**,  
\$575;  
[shinola.com](http://shinola.com)



**RING**, \$395;  
[johnhardy.com](http://johnhardy.com)



**PANTS**, \$79;  
[chicos.com](http://chicos.com)



**NECKLACES**,  
\$55 each;  
[rjgraziano.com](http://rjgraziano.com)



**JUMPSUIT**, \$139;  
[anntaylor.com](http://anntaylor.com).  
**BELT**, H&M, \$25;  
[hm.com](http://hm.com).



**SANDAL**,  
Vionic, \$140;  
[vionicshoes.com](http://vionicshoes.com)

**MIDI SKIRT**,  
H&M, \$60;  
[hm.com](http://hm.com)

