



lonely planet
THE FALL ISSUE

Explore every day

Our favorite
all-inclusive
American resorts

Ecuador:
from Andes
to Galápagos

4 Mini Guides: LA,
Toronto, London
& Barcelona

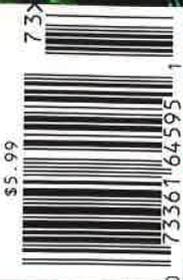
Redefine Adventure

**EXPLORE
THE
SECRETS OF
LONG LIFE
IN OKINAWA**

**DISCOVER
ZAMBIA
ON A
SELF-DRIVE
SAFARI**

**MEET
NORTHERN
IRELAND'S
FOOD
PIONEERS**

Display until 11/06/17



FALL 2017

Embrace a slower pace this fall by taking a restorative break at a refined, all-inclusive property. Leave the stress of decision-making behind as you relax – or get energized – at one of these splurge-worthy destination resorts.



Blackberry Farm

Walland, Tennessee

A stay at this stunning luxury resort is on the bucket list of most everyone we know. Set on 4,200 scenic acres in the foothills of the Great Smoky Mountains, Blackberry Farm is renowned for its cuisine and award-winning wine program. A variety of wellness choices make it an ideal destination for spa enthusiasts, too. The resort's 68 accommodations are spread among the main house, cottages and multibedroom guesthouses. Daily meals, snacks and nonguided activities, such as biking, fly-fishing and hiking, are included in the rate. In the evenings, guests converge on the lawn, for spectacular rocking-chair views of the sunset. **From \$645 nightly for a double-occupancy room, and from \$3,800 for a multibedroom home;** blackberryfarm.com



The Ranch at Live Oak Malibu, California

Don't call it a spa. It's day after day of tough love. Nothing is optional: not the predawn wake-up calls for yoga, not the 10- to 13-mile hikes, not the four hours of fitness classes, and not the super-strict but nutrient-rich diet (no meat, wheat, sugar, dairy, caffeine, alcohol or processed foods). Participants may have a tough time on the trail, but still the instructors push them to keep going. The results: nearly everyone loses unwanted pounds and feels better leaving than they did when they arrived – partly from the detox diet and partly from having survived. **From \$3,900 for a four-day program or \$7,200 for one week;** theranchmalibu.com





Travaasa Austin Austin, Texas

Tucked away in the heart of Texas Hill Country, at the edge of the Balcones Canyonlands Preserve, Travaasa Austin is known for outdoor adventures and culinary experiences. Take your pick from activities such as horseback riding, hatchet-throwing and guided nature walks, then relax later in the day with a wine-tasting class and maybe a Texas two-step lesson. The resort also offers an assortment of healing and rejuvenating spa treatments. All-inclusive packages include three chef-prepared meals and a \$175 resort credit per person per night's stay, good toward spa treatments and classes. **From \$875 per night for two adults** (à la carte packages are \$375 nightly per couple); travaasa.com/austin

From Family Cabins to a Victorian Castle

Fair Hills Resort Detroit Lakes, Minnesota

If sleeping in cozy cabins and participating in sandcastle contests, scavenger hunts, outdoor sports and a weekly "Hootenanny" talent show sound like your perfect vacation, then this popular, family-friendly resort on Minnesota's Pelican Lake is the place for you. **From \$149 nightly/\$896 weekly for adults, kids' rates vary;** fairhillsresort.com

The Lodge at Woodloch Hawley, Pennsylvania

This luxury adults-only spa resort is set on 500 acres in the Poconos, with miles of nature trails. Meals, fitness activities, classes and lectures are included in the rate. Accommodations overlook the property's 15-acre lake or the rock garden waterfall. **From \$329 per person, per night;** thelodgeatwoodloch.com

Mohonk Mountain House New Paltz, New York

Dramatically perched on a ridge overlooking Lake Mohonk in the Hudson Valley, this Victorian castle resort offers rooms, suites, and cottage and lodge accommodations. It's great for families, with loads of outdoor activities included in the rate, from ice skating and cross-country skiing in the winter to tennis and boating in the summer. **From \$330 per person, per night;** mohonk.com

The Resort at Paws Up Greenough, Montana

This swanky ranch resort is located on a 37,000-acre working cattle ranch. Luxurious accommodations include 28 vacation homes and 30 "glamping" tents. Guests can ride horses, go snowmobiling, participate in a cattle drive and more. Choose from a variety of all-inclusive packages. **From \$1,218 per night for two people;** pawsup.com