

## HEALTHY TRAVEL

esorts for All Seasons

DON'T WAIT UNTIL SUMMER TO GET AWAY. THESE THREE ESCAPES OFFER AMAZING, YEAR-ROUND, BUCKET LIST EXPERIENCES.

## TURKS AND CAICOS SHORE CLUB (888) 808-9488 • theshoreclubtc.com

As the most anticipated luxury lifestyle hotel in Turks and Caicos, The Shore Club opened in December 2016. Situated on Long Bay Beach, the secluded property offers on-site restaurants, shopping, spa amenities, water activities, and plenty of relaxation.



The Shore Club is a soulful place with an energy that transcends the entire resort. Guests enjoy locally cultivated activities such as kite boarding, as well as more relaxed offerings like poolside meditation and beach yoga. Spoil yourself with a rejuvenating treatment at the Dunes Spa while your little ones stay back at the resort's kids' club. Located inside a tree house, the kids' club provides endless entertainment options for guests ages 2-10. The Shore Club also offers butler service and poolside cabana service. **CHECK IN:** Accommodations include 106 suites and six villas, plus amenities such as three restaurants, three pools, a spa, and an expansive event space. The 9-acre property spans more than 820 feet of shoreline on Long Bay Beach and consists of two luxury low-rise buildings with junior suites; one-, two-, and three-bedroom furnished suites; two penthouses; and six luxury villas. Key features of the suites include private verandas, floor-to-ceiling windows with dramatic views, full kitchens, and ample living spaces.

**EAT WELL**: Three distinctive spaces offer an array of dining options for guests. As the cornerstone of the culinary program, fine dining restaurant Sui-Ren serves Peruvian-Japanese fusion by Chef Daniel Delgado. Additionally, casual dining spots that are open for both lunch and dinner can be found adjacent to the resort and colonnade pools. The poolside bar offers fresh and flavorful cocktails, which can also be enjoyed by the fire pit located in the center of the colonnade pool and accessible by land or water.

**PAMPER YOURSELF:** Visit the Dunes Spa in one of the cabana-style beachfront treatment rooms. We recommend the Long Bay Spa Ritual, which includes an island body scrub followed by a lomi-lomi massage using warm sand pouches. Finally, an oil brew of organic frangipani is swept over you, leaving sun-kissed skin relaxed and supple.

**EXPLORE THE ISLAND:** Enjoy a wide range of water activities geared toward active travelers, such as kite boarding, boating excursions, and kayaking. A world-class gym is available for guests looking to get in a quick workout before hitting the beach.



Middleburg, Virginia (844) 303-2723 • salamanderresort.com





Just 25 minutes from Washington's Dulles Airport, Salamander Resort & Spa is located in the historic town of Middleburg, Virginia. This luxe property offers the very essence of mind and body wellness with an equestrian slant.



**CHECK IN**: Located on 340 gorgeous acres, Salamander Resort & Spa was designed to blend the beauty of the horse-filled countryside with the feel of a homey Virginia farm. The lobby boasts an intimate dining room and library. Guest rooms and suites—166 total with fireplaces and outdoor balconies or terraces—are situated on the first four floors and are decorated to represent each season. Enjoy miles of on-property walking, running, and biking trails, as well as lush gardens to explore.

**SADDLE UP:** Salamander Resort & Spa has one of the finest equestrian facilities in the country with acres of land to ride and enjoy Virginia's scenic countryside. You are welcome to bring and board your own horse. Enjoy group or private trail rides, riding lessons, and courses on equine communication and skills for essential horsemanship. You will cover grooming, handling techniques, braiding, and everything in between. The resort also offers Equispective, a self-discovery program with the goal of

teaching leadership and effective communication between you and your horse.

**CULINARY DELIGHTS:** The resort features a state-of-the-art cooking studio offering classes and private dinners, as well as Harriman's Grill, which serves Virginia Piedmont-influenced cuisine enhanced by panoramic views. Be sure to head into the quaint town of Middleburg (it's so close you can walk) for shopping, dining, and visiting nearby Virginia wineries.

**INDULGE:** Forty spa treatment rooms with private stone terraces and fireplaces are sure to make you want to stay and be pamppered all day. The two-person spa suite features an outdoor Jacuzzi, multijet shower, and twin treatment tables for couples. On the first Friday of each month, the spa hosts a special salon event. Mark your March calendar for the Spirits & Sprayology event, where guests will learn about the practical benefits of essential oils.

Ranch life doesn't get any better than Paws Up, a 37,000-acre working dude ranch. With 100 miles of trails and 10 miles of the Blackfoot River onsite, it's the ultimate wilderness playground for adults, families, girlfriends, or just the guys.

## THE RESORT AT PAWS UP

Greenough, Montana (877) 580-6343 • pawsup.com



CLACIER LILY

**CHECK IN**: Accommodation options at Paws Up are endless, from luxury homes to glam camping ("glamping"). There are even homes with private outdoor tents. Paws Up offers 28 graciously appointed vacation homes, ranging from 1,300 square feet to 3,348 square feet, as well as 30 one- and two-bedroom tents. For camping near the river, choose from five camp settings. Each one comes with electricity, air-conditioning, and heat and features full private bathrooms and rustic furnishings.

**BUTLER SERVICE:** And that's not all: Camps include a dining pavilion with a full bar and live music. A personal camp butler will attend to your every request, from delivering extra pillows to preparing a fire for evening s'mores. The resort's newest camp, North Bank, is set to open in June with three bedrooms and two full baths to fit larger families.

## THE GREAT OUTDOORS: Enjoy

trail riding or fly-fishing on the legendary Blackfoot River. Take your best shot at the 10-station shooting clay course, or kick up some dirt on the ATV tours. There's also hiking, white-water rafting, boating, swimming, mountain biking, kayaking, canoeing, rappelling, paintball, a 3-D archery course, a new ropes challenge course, yoga, and hot-air ballooning. Nestled along the edge of the meadow surrounding the resort, you'll also discover a winding boardwalk that leads you to your very own private spa tent for the ultimate in relaxation after your outdoor adventures. Whether you are an experienced rider or have never seen a saddle before, horseback riding at Paws Up is the best way to experience Montana's glorious wilderness. Many guests spend their entire vacation working with experienced trainers to polish old riding skills and learn new ones. You can choose from private lessons, group rides, tours, and even horse-care lessons. Various riding options for junior wranglers are offered.

**AIM HIGH:** Challenge your shooting skills at the scenic 10-station sporting clays course. The clays cross, climb, zip in, fly out, and streak high overhead at speeds and angles that are exactly like real game birds and conditions.

