

#### RESERVATIONS AND CANCELLATION POLICY

Spa treatments are performed in the luxury of Spa Town® or in the comfort of your own home. You can choose to experience your treatment inside or outside on your deck. During the winter months, our spa is located in the Saddle Club. In-home treatments are also available. For in-home treatments, add 50% to price. Spa services are not offered in the glamping tents.

Please arrive 15 minutes prior to your scheduled treatment. class or hike time.

All cancellations made within 24 hours, including "no-shows," will be charged full treatment price. Spa treatments will be charged directly to your home or tent.

### **Hours of Operation**

Monday through Sunday from 9:00AM to 6:00PM. Early morning and late evening treatments are available upon request. The Resort at Paws Up is a gratuity-free resort. Our staff is dedicated to ensuring that you have a memorable vacation. Accordingly, all staff members are well-compensated and highly valued by the management and owners. If you'd like to recognize exemplary service, a kind note, a review on social media or a simple "thank you" is always appreciated but never expected. We look forward to serving you! No sales tax is applied to spa services.

#### **Contact Information**

Spa Town: 406-244-7324 (ext. 7324) Concierge Services: 406-244-7333 (ext. 7333)

www.pawsup.com

Please use the Paws Up App or call Spa Town or Concierge Services for pricing inquiries or to make reservations.



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# Massages

# ALTITUDE ADJUSTMENT -**HEAD AND NECK MASSAGE**

This massage helps you acclimate to the fresh Montana air. The therapist focuses on releasing the tension in your head, neck, back and shoulders by using healing essential oils to instill balance and pure relaxation.

45-minute treatment: \$170 60-minute treatment: \$255

### BE WELL - SWEDISH MASSAGE

Nurturing, reflexive movements soothe the consciousness into a peaceful state, while providing a sense of harmony, reverence and balance. Much like the slow-moving rhythm of the Blackfoot River, this experience signals a return to purity and a change to a more tranquil and natural state.

30-minute treatment: \$105 60-minute treatment: \$225 90-minute treatment: \$310 120-minute treatment: \$410

# **BLACKFOOT RIVER ROCKS -**HOT AND/OR COLD STONE TREATMENT

This is the ultimate massage. Imagine yourself cast adrift on a sea of warmth, where all of your daily cares and fatigued muscles gently fade away. Stones have been used by different cultures in therapeutic treatments for thousands of years. Experience the incredible sensation of smooth, specially harvested lava stones combined with Swedish and deep tissue techniques that melt away your stress and tension, leaving you feeling completely relaxed.

30-minute treatment: \$135 60-minute treatment: \$250 90-minute treatment: \$375 120-minute treatment: \$485

#### CHI BALANCER - REFLEXOLOGY

This centuries-old technique clears away congestion and restores optimal function of health to your body to renew your prana (life force). This treatment is a specialized foot massage that stimulates body function and relaxation in order to restore a state of balance and harmony in body, mind and spirit.

15-minute enhancement: \$75 30-minute enhancement: \$130 60-minute enhancement: \$250

### COWBOY CLASSIC - SCALP MASSAGE

Take your hat off for this one. A unique, organic blend of warm avocado, grape seed, lemon, lime and ginger extracts is used to stimulate your senses and nourish your scalp. Each ingredient plays an important role in stimulating the hair follicles, deeply moisturizing the scalp and creating an overall sense of well-being. Hot towels are applied to scalp and neck.

15-minute enhancement: \$70 30-minute enhancement: \$115

(Please note it may take several washes to remove

all the oil.)

# **DEEP SURRENDER -**DEEP TISSUE TRIGGER POINT MASSAGE

This massage is designed to relieve severe tension in the muscle and the connective tissue or fascia. It focuses on the muscles located below the surface of the top muscles. Deep tissue massages are often recommended for individuals who experience consistent pain or who are involved in physically demanding activities, life or exercise and patients who have sustained physical injury. This is also a great massage to remove knots from traveling.

30-minute treatment: \$130 60-minute treatment: \$255 90-minute treatment: \$365 120-minute treatment: \$480

# DETOXIFIER – HIMALAYAN SALT STONE MASSAGE

The Himalayan salt stones and coconut oil used in this massage will detoxify your skin by removing the accumulation of pollutants and toxins in your body. The stones contain 84 minerals that will harmonize with your body and bring you to an energized state while grounding and balancing you.

60-minute treatment: \$260 90-minute treatment: \$390 120-minute treatment: \$515

# THE LAST BEST MASSAGE – HOT STONE/MAGIC MUSCLE RELIEVER/ SCALP/REFLEXOLOGY

This is truly *The Last Best Massage*. The therapist will utilize a combination of massage techniques, including Swedish, deep tissue, hot stone, Wiccy Bar and reflexology, to hone into your body's tension, ease your mind and bring you into pure bliss. A relaxing scalp massage at the end of the treatment will leave you totally relaxed from head to toe.

60-minute treatment: \$275 90-minute treatment: \$410 120-minute treatment: \$575

#### **MOTHER BEAR - PRENATAL MASSAGE**

A perfect massage for any expectant mother. Using our special organic Erbaviva body oil, the therapist will use Swedish strokes to soothe tired, aching and stressed muscles. Erbaviva stretch mark oil is applied to problem areas.

60-minute treatment: \$230 90-minute treatment: \$310

#### PEACE OF MIND - CBD MASSAGE

CBD salve feels luxurious on your tired body. It uses nature's athletic edge for resting rowdy muscles, releasing tension and targeting any temporary or occasional discomfort you're experiencing. CBD promotes positive energy, elevates your mood and helps you find peace and clarity. You can find balance again and get those bliss molecules pumping. This CBD cream contains hemp oil and as a result you'll notice soft and supple skin. Hemp oil is extremely moisturizing and conditioning and it also protects the skin.

60-minute treatment: \$255 90-minute treatment: \$370

### THE REJUVENATOR - MYOFASCIAL RELEASE

Myofascial release is a safe and very effective hands-on technique that involves applying gentle sustained pressure into the myofascial connective tissue restrictions to eliminate pain and restore motion. Our one-on-one therapy sessions are hands-on treatments during which our therapists use a multitude of myofascial release techniques and movement therapy.

60-minute treatment: \$230 90-minute treatment: \$345

# REST AND RECOVER – CRANIOSACRAL THERAPY

Craniosacral therapy (CST) is a gentle, noninvasive form of bodywork that addresses the bones of the head, spinal column and sacrum. The goal is to release compression in those areas, which alleviates stress and pain.

CST is most often carried out with the client lying down, fully clothed, in a quiet and peaceful environment. Treatment involves a very gentle touch of the practitioner's hands. This light contact may be applied to the cranium (head), the sacrum (tailbone), the feet, the trunk or any other part of the body as appropriate. The gentle approach of CST is entirely noninvasive.

The subtle interaction of the two systems—brought together by this light contact—stimulates and enhances self-healing mechanisms within the body to respond, release and open up to a more balanced, healthy state. CST seeks to restore the natural position of the bones and can decrease stress from chronic injuries, as well as provide relief from migraine headaches, neck and back pain, temporomandibular joint disorder (the inflammation of the joint that connects the lower jaw to the skull) and more.

60-minute treatment: \$215 90-minute treatment: \$280

# VACUUM THERAPY – CUPPING WITH LYMPHATIC DRAINAGE MASSAGE

Vacuum cupping therapy is a practice that involves briefly attaching rounded inverted cups to certain parts of the body using a vacuum effect. Drawing the skin inside the cups increases blood flow to the area. Cupping also helps with pain, inflammation, relaxation and general well-being. A deep tissue massage is provided after all cups have been removed.

90-minute treatment: \$425 120-minute treatment: \$570

### **WAG THE TAIL - PET MASSAGE**

If you are traveling with your pet and having a spa service in your home or at Spa Town, we will pamper your canine companion with a complimentary 15-minute pet massage. Included with any one-hour service.

# Massage Add-Ons

Our therapists can now include CBD salve with any massage service. Cannabidiol (CBD) is a chemical compound, or cannabinoid, found in the hemp plant. It is a nontoxic, noneuphoric substance that works naturally with our body's own endocannabinoid system (ECS). This system plays an important role in controlling immune balance, inflammation, nerve protection and pain relief. CBD can be beneficial for many conditions, including arthritis, chronic pain, inflammation, nerve pain, skin irritation and sore muscles.

Add CBD to any treatment: \$25

Add a Couple's Massage to any massage treatment: \$30

Add a Four Paws Tandem Massage to any treatment (with two therapists—"four paws"—working on you at once): \$200

# **Body Treatments**

# BOTANICAL BODY RITUAL - RESTORING BODY WRAP

Are you feeling weathered? This wrap uses a rich botanical cream that is intensely hydrating and restoring. The treatment starts with a dry brushing. Then a rich, luxe body cream is applied and you are cocooned in warmth. You are then unwrapped and the treatment ends with a rigorous massage to help the moisturizing cream seep in to rehydrate you and leave you glowing and revitalized. Includes a Cowboy Classic scalp massage.

60-minute treatment: \$245 90-minute treatment: \$345

# FIRM AND FABULOUS – FIRMING BODY TREATMENT

A treatment to firm, tone and encourage natural cell regeneration to promote skin elasticity and collagen enhancement. The treatment starts with an Erbaviva firming salt scrub. Then, egg whites and carrot powder are applied and you are cocooned in warmth. Finally, the product is removed and Erbaviva firming oil is applied with rigorous strokes to reduce cellulite and tighten the skin. Includes a Cowboy Classic scalp massage.

90-minute treatment: \$265 (We recommend that you do not shave before this service.)

# HYDRATING BODY RENEWAL – ROSE CLAY MUD WRAP

Breathe in the aromatic fragrance of the countryside as you're surrounded in a richly hydrating cocoon. The rose clay mud is carefully sun-dried to retain its purity and is infused with minerals and nutrients that are deeply hydrating. This provides a multifunctional skin-renewing treatment that accelerates epidermal cell renewal and heals, protects and ensures renewed hydration. A dry brushing sloughs away dead skin cells to prepare for the mud application. After the mud is removed, the therapist applies organic body butter to finish the treatment. Includes a Cowboy Classic scalp massage.

60-minute treatment: \$245 90-minute treatment: \$345

# LUSTER AND LUMINATE - CHARCOAL BODY WRAP

This treatment starts with a Himalayan salt body scrub to slough away dead skin cells. The therapist will then apply charcoal mud all over the body. The charcoal mud removes impurities and toxins from the body. While you are cocooned in warmth, you receive a scalp massage with our homemade Cowboy Classic scalp oil. You will then rinse off and the treatment ends with an application of organic body butter.

60-minute treatment: \$245

### **PAWS UP SIGNATURE - BODY SCRUB BAR**

The body scrub bar has an array of products indigenous to Montana, such as exfoliants, oils, honey, essential oils and herbs and flowers. These will help to slough away dead skin cells and leave the skin looking radiant and pure. Take your choice from our premade seasonal scrubs. The treatment is followed by an application of organic body butter.

30-minute treatment (hand and foot): \$120 60-minute treatment (full body): \$225 (We recommend that you do not shave before this service.)

# **Treatment Enhancements**

# BOTINOL – GM COLLIN DEEP WRINKLE AND FINE LINE TREATMENT

Botinol is a clinical treatment using the latest in technology and ingredient breakthroughs to work as an anti-wrinkle treatment and act against deep expression lines. The treatment starts with a cleansing milk. The cleanser is removed and the skin is misted with a treating mist. The therapist then applies the Botinol serum with a pinching motion to achieve optimum absorption. The Botinol pellicle is then applied under a thermal sheet. While the pellicle is setting, the therapist will provide a hand massage. The pellicle is then removed and the therapist massages in the Botinol corrective cream with flowing massage strokes. The treatment is concluded with application of an eye contour cream and a lip balm.

90-minute enhancement: \$405

# COLLAGEN 90 II FACE MASSAGE – GM COLLIN ANTI-WRINKLE AND TIGHTENING FACE MASSAGE

This exclusive, highly renowned, intensely rejuvenating treatment dramatically minimizes visible lines and wrinkles. It is ideal for fatigued and mature skin. This 10-step treatment will leave your skin plumper, firmer and more radiant.

90-minute enhancement: \$405

# EXPRESS FACE MASSAGE – GM COLLIN COLLAGEN SUBLIME EYE CONTOUR FACE TREATMENT

This face treatment is great for refreshing and rehydrating the eyes and face, leaving you looking radiant. The Collagen Sublime Eye Pellicle improves the eye contour areas by minimizing dark circles and under-eye puffiness. The treatment starts with a cleansing milk, and then the therapist exfoliates the face. The Collagen Sublime Eye Pellicle is applied and while the pellicle is setting, you will receive a hand massage. The pellicle is removed, and the treatment is concluded with application of a hydramucine cream and a lip balm.

30-minute enhancement: \$130 60-minute enhancement: \$265

# HYDROLIFTING – GM COLLIN LIFTING AND FIRMING FACE MASSAGE

This face massage is a clinical treatment specifically formulated to visibly firm the face and neck, giving the skin an immediate "lifted" appearance while also reducing the appearance of fine lines and wrinkles. This treatment starts with a cleansing milk followed by an exfoliation. The therapist then applies the hydrolifting fluid, the restorative cream and a toning mask. A hydramucine face cream is applied last.

60-minute enhancement: \$330

# OXYGENATING - GM COLLIN REVITALIZING AND PURIFYING FACE MASSAGE

This face treatment is designed to clear skin and revitalize fatigued, stressed and dull skin. This five-step treatment includes unique oxygen-complex and patented antimicrobial peptides combined with salicylic, glycolic and lactic acids. This purifies and deeply hydrates to restore the skin to a natural radiance and glow.

60-minute enhancement: \$330



### REPLENISHER - CUCUMBER FACE MASSAGE

Give your face a fresher, younger, healthier look. This massage starts with cleansing milk, and then a micro refiner face scrub is applied to slough away dead skin cells and to minimize the appearance of pores and fine lines. The therapist applies cucumbers to the face and eyes to add moisture and restore pH levels. The massage concludes with an application of a hydrating face massage cream with Vitamin K to help treat dark circles under the eyes and Vitamin C to help with fine lines and wrinkles. Leaves your face gleaming and refreshed.

30-minute enhancement: \$165 60-minute enhancement: \$310

# SEA C SPA – GM COLLIN ANTI-AGING AND PURIFYING FACE MASSAGE

This is an energizing treatment that helps improve the skin's elasticity and suppleness with the use of marine and vegetal ingredients. The treatment starts with a cleansing milk followed by an exfoliation. The therapist applies a Vitamin C serum to dehydrated areas. Then, seaweed patches are applied and saturated with activating lotion. The mask is then applied and removed with a steamed towel. The enhancement ends with application of a hydramucine face cream.

60-minute enhancement: \$330

### SIGNATURE - B.LEAF FACE MASSAGE

B.Leaf provides advanced cellular and medical skin care products that are created and formulated in Billings, Montana. The products contain botanicals, vitamins, minerals, cosmeceuticals and acids that promote wrinkle reduction and improve collagen and elastin in the face and neck. This treatment starts with cleansing the face and décolletage with B.Leaf Active Revitalizing Cleanser. The therapist then exfoliates the skin with an AHA micro-polish. The micro-polish is then removed and a BHA brightening peel is applied. The peel is removed, and a vitamin C mask is applied. While the mask is setting, you will receive a hand massage. The mask is then removed, and the therapist applies a DNA Infusion Cream, and a Fountain of Youth Serum is massaged into the face and neck. The treatment concludes with a lip balm and Argireline Eye Cream and Argireline Intensive Capsules applied all over the face and neck for superior hydration.

60-minute enhancement: \$330

# **FACIAL ENHANCEMENTS**

24-karat lip repair treatment: \$40 24-karat eye pads: \$25 Add lip repair treatment: \$20 Add under eye nourish pads wine or blueberry extract: \$20 Add full eye coverage mask: \$35

# **Treatments for Children**

## SPA RULES FOR CHILDREN

- Children 16 years and under must be accompanied by an adult.
- Adult companions must specify therapist gender for their child's treatment.
- Children must be respectful of the spa environment. Any child disrupting a service will be asked to leave Spa Town.

## CHILLAX - KIDS CUSTOM MASSAGE

In this massage, the therapist utilizes a scented oil and Swedish massage strokes to quiet your child's mind and to help them relax and unwind after a long day of activities. Hot towels are applied to head, shoulders, knees and toes to leave them completely calm, cool and collected.

30-minute treatment: \$105 45-minute treatment: \$120

Your choice of massage lotion or oil. Choose from: array of chocolate oils, bubblegum, cotton candy, eucalyptus tangerine, huckleberry, river H20 or seasonal oils.

### THE CUB - BODY SCRUB BAR

This body bar is made exclusively for kids and teens. Scrubs are made with indulgent ingredients to entice the senses. Choose from an array of brown sugar scrubs.

15-minute treatment: \$60 30-minute treatment: \$100 60-minute treatment: \$180

### FLEDGLING - COTTON CANDY FACE MASSAGE

Using Plantogen face products, this treatment is for anyone who needs to relax. We apply a cleanser, scrub, mask, moisturizer and lip balm.

15-minute treatment: \$70 30-minute treatment: \$130

# FLOURISHING GM COLLIN TEEN ACNE FACE MASSAGE

This treatment is formulated just for tweens and teens ever-changing skin. The treatment begins with an application of Puractive Oxygen Mild Cleansing Gel. The cleanser is removed, and the skin is exfoliated with an intensive exfoliating gel. Then the therapist applies a Puractive mask. The mask is removed with hot towels after 10 minutes. Then an essential oil complex is applied to soothe the skin with aloe vera and salicylic acid. The treatment is concluded with a Puractive cream and a lip balm.

30-minute treatment: \$135

# LITTLE PAWS - HAND AND FOOT TREATMENT

This is a treatment to relieve the stress of manipulating smartphones and moving those weary legs during travel. The treatment begins with your hands and feet being wrapped in warm towels. The therapist will then apply a scrub of your choice followed by a light application of mud. The therapist then removes the product and applies organic body butter with Swedish massage strokes.

15-minute treatment: \$70 30-minute treatment: \$130

### **MELON MEDLEY - SCALP TREATMENT**

The therapist makes a combination of avocado, grape seed, lemon, lime and strawberry and watermelon essential oils and then applies it to the scalp with a rigorous massage.

15-minute treatment: \$65 30-minute treatment: \$100

## MOOSE DROOL - CANDLE MASSAGE

You choose the scent of a Skinny Dip Montanamade candle and then the therapist lights the candle and uses this to massage the body.

30-minute treatment: \$105 45-minute treatment: \$120

#### SNAKESKIN - PARAFFIN TREATMENT

The therapist will brush on wax to your hands and/ or feet. This warm wax helps with dryness and inflammation of joints—plus it's fun! We then peel off the wax and a moisturizer is applied.

15-minute treatment: \$60 30-minute treatment: \$100

# **Spa Packages**

## **HARMONIUS TRANQUILITY**

Includes a face massage and *The Last Best Massage*.

120-minute treatment: \$575

# MOM AND ME RETREAT – MOTHER/DAUGHTER MASSAGE

This is a perfect bonding package for mom and daughter. The package includes for each: a 60-minute deep tissue or aromatherapy massage, a 60-minute body scrub of your choice and a 30-minute Signature face massage.

150-minute treatment: \$1,100 (2 people)

### **MOUNTAINEER ESCAPE**

Who said that great adventurers never needed a little pampering? The Mountaineer Escape package is geared toward those guests who want to truly unwind at *The Last Best Place*. A deep tissue massage will begin the process followed by a purifying face massage. Finally, you will be treated to a Cowboy Classic scalp treatment. Believe us when we say, "Lewis & Clark never had it so good."

150-minute treatment: \$470

# **RELAX AND REJUVENATE**

Includes a body scrub and a deep-tissue massage.

90-minute treatment: \$365

# **Wellness Classes**

# **GROUP YOGA**

(Offered daily; see website or spa for calendar.)

Come attend one or more of our new group yoga classes offered at Spa Town in the meadow or at another beautiful location in The Resort. A brief massage is given during Shavasana. We will supply the mats, props, towels and drinking water.

60-minute class: \$55 per person 90-minute class: \$75 per person (Children ages 6 and up are welcome.)

# **Private Class Offerings**

(Some of these will be part of the GROUP CLASS offerings.)

### **BUTI YOGA**

A yoga class like no other. This calorie-scorching workout fuses power yoga with cardio-intensive tribal dance and body-sculpting primal movement, utilizing deep abdominal muscles that stabilize and strengthen the body. Instead of linear movements, we favor movements that challenge the body along all planes of motion, resulting in long, lean muscle with sexy feminine curve.

60-minute class: \$125 per person 90-minute class: \$155 per person

#### **CARDIO EXPRESS**

A quick way to get your heart pumping in the morning or afternoon before an activity. We start with a quick stretch and then hop right into cardio sprints, burpees, jumping jacks and more.

30-minute class: \$30 per person

#### **FAMILY YOGA**

Take time as a family to cherish and nurture your mind, body and spirit. This class is for families with children (ages 3 and up). Family yoga is structural, with emphasis on interactive and partner poses for kids and adults to do together. We will do yoga poses, breathing, movement games and relaxation. No previous yoga experience is required.

30-minute class: \$85 per person 45-minute class: \$95 per person 60-minute class: \$125 per person

#### FOREST BATHING/YOGA MEDIATION

Forest bathing is an ancient Japanese healing called "Shinrin-yoku" in which you absorb the forest atmosphere. We will soak up the sights, smells and sounds of the natural setting to promote physiological and psychological health. We start by grounding ourselves with a guided mediation. We will then walk with meditative practices underway. There will be opportunities to reflect and pause as needed. We will end the class amongst the trees with a few yoga stretches and a guided Shavasana meditation.

60-minute class: \$125 for 2 people 90-minute class: \$155 for 2 people

### **GLIDEBARRE CLASS**

GlideBarre combines Reformer Pilates with the use of a GlideBoard and a traditional ballet barre. You'll move your body using the GlideBoard to "skate" back and forth in addition to a variety of gliding movements (side-to-side, lunging and more). You'll continue working on the board to incorporate abdominals, arms, quads, glutes, hamstrings and more. GlideBarre is a true total body workout that builds strength, stability and stamina. Please purchase socks at Spa Town or bring your own to the class. In order to glide, the socks should be of a synthetic blend like polyester/spandex—no cotton!

60-minute class: \$125 per person 90-minute class: \$155 per person

# LOTION, POTION AND POUR - ADULT APOTHECARY CLASS

Grab your friends or partner and learn how to make your own bath and body products while sipping spirits. You will learn how to make a lip balm, a body scrub, a massage lotion bar and a bath bomb. Your homemade products will rival expensive brands and you will be amazed at how simple the process is. (This is a 21+ adult class. Alcohol will be served.)

60-minute class: \$135 per person (choice of making 2–3 items) 90-minute class: \$200 per person (choice of making 4–5 items)

#### **RESTORATIVE YOGA**

This class is a form of yoga that seeks to achieve physical, mental and emotional relaxation with the use of props. The use of props helps you maintain balance while stimulating the muscles to stretch and tone them. We use a meditative flow to enhance flexibility, strength and balance.

60-minute class: \$125 per person 90-minute class: \$155 per person

#### **ROLL AND RESTORE**

Join us for an introduction to foam rolling with a resistance band workout ending with yummy stretches and yoga poses.

45-minute class: \$45 per person

# **VINYASA YOGA (WITH BLINDFOLDED OPTION)**

Vinyasa-style yoga classes link posture and breathing together within a series of sequential movements. This process generates heat in the body and helps to build muscular strength and better flexibility. Sanskrit will be chanted at the beginning and end of class. Yoga experience is helpful but not required.

60-minute class: \$125 per person 90-minute class: \$155 per person

### WHIPPERSNAPPER APOTHECARY CLASS

Learn how to make body scrubs, lip balm and lotion bars with essential oils and in fun shapes. The class is a great way to engage your children and educate them about taking care of their skin and about essential oils, lotions and scrubs. Students will take home one of each creation they make. They will also receive a guide on how to use household items to create a spa experience at home.

60-minute class: \$115 per person

### **YOGALATES**

Yogalates is a technique that involves the stretching and strengthening of all the body's major muscle groups, creating a slender, streamlined shape rather than bulk. It enhances posture, and its main focus is to strengthen the core postural muscles where the abdominal, lower back, pelvic floor and buttock muscles meet. It also fuses the breathing systems of yoga (the ujjayi breathing used to calm the mind) and Pilates (the Pilates lateral thoracic breathing in which the abdominal muscles are used and activated continually throughout the practice).

60-minute class: \$125 per person 90-minute class: \$155 per person

# **Guided Hikes**

Take a hike and discover the diverse flora and fauna of Paws Up with more than 30 miles of marked trails to explore and a variety of terrains to accommodate all guests. The naturalist hiking guides at Spa Town will lead your hike as well as share information about native plants and wildlife and the storied history of the Paws Up Ranch. You'll cross expansive meadows and babbling brooks, and hike alongside the legendary Blackfoot River. In the winter, we transition to snowshoeing for an invigorating and downright magical way to explore the wilderness of Paws Up.

Approx. 2-hour guided hike: \$80 per person



