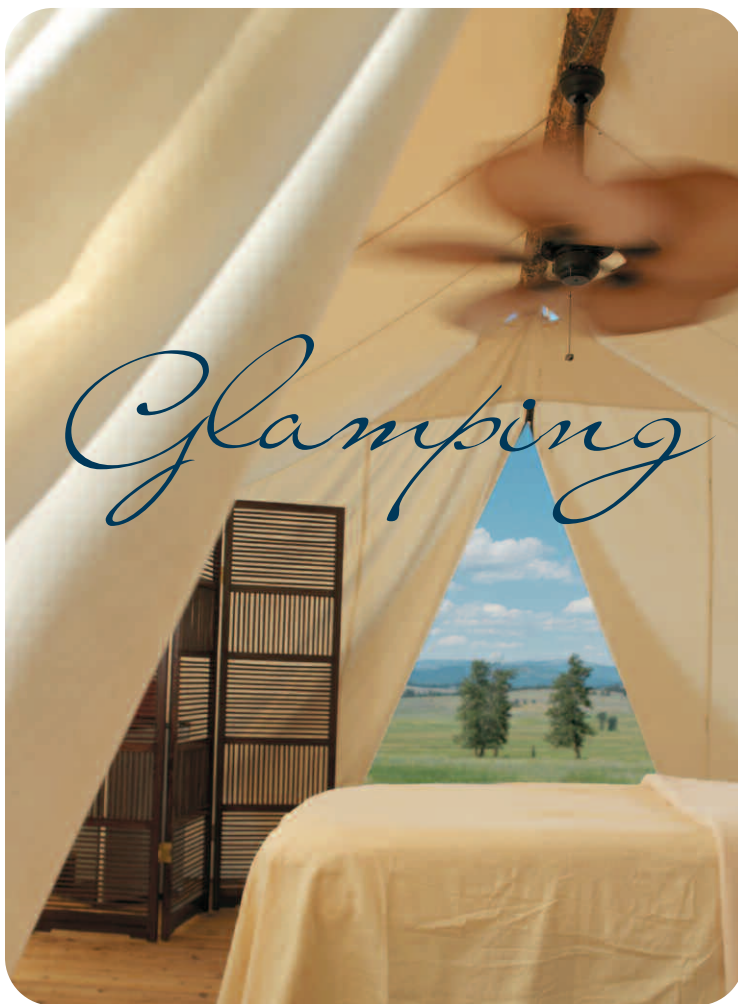


healthy
choices
for
balanced
living

Healing *lifestyles & spas*

Featuring: Resort at Paws Up's Spa Town



Get lost in the woods... and enjoy a massage, body treatment, or facial while you're there.

The jury's still out on whether the **Resort at Paws Up's Spa Town** is the most relaxing safari ever or the most natural spa ever. There's no question as to what the Resort at Paws Up itself is though: a 35,000-acre Montana luxury, adventure retreat—think fishing, hunting, cross-country skiing, hiking, biking—where wild animals (and resort staff) exponentially outnumber the 86 guests that can be accommodated in Paws Up's collection of log homes, cabins, and (seasonally) wood-floored tents.

While Paws Up and its two restaurants are open year-round, its Spa Town is only open June through early fall. There's no way its eleven billowy, oversized, luxury canvas tents would withstand the snowy Montana winters.

But, nestled between forest and field, the tents, which are also available as overnight accommodation in the resort's Tent City, sure are perfect for summer, when both sides can be thrown open to the surroundings. One side faces a wildflower-strewn meadow with no sign of human presence in sight. The other side looks into lodgepole pine woods. When treatments—a hot stone massage using rocks collected from the nearby Blackfoot River; a Barb Wire Body

Polish (not anywhere near as painful as it sounds)—necessitate closing your eyes to the views, there's still the sounds of creaking trees, swaying grasses, eagle cries, and fluttering canvas. For more information call (866) 894-7969 or visit www.pawsup.com

—Dina Mishev

To view the rest of this article, click on the link below.

<http://www.healinglifestyles.com/index.php?page=may2008-healingnews-glamping>